

WEEKLY
MENU

Oaks Park High School Autumn Winter Menu - Week 3



Monday

Tuesday

Wednesday

Thursday

Friday

Chicken & Vegetable Lasagne with a Herby Cheese Topping

Homemade Chef's Burger in a Bun with Wedges

Roasted Chipotle Beef with Roast Potatoes & Trimmings

Herby Chicken with Colcannon Mash

No-Fry Fish or Chicken with Chips

Vegetable & Quorn Stir Fry Noodles

Three Cheddar Macaroni Curry Cheese

Vegetable & Quorn Chilli with Braised Rice

Spicy Bean Burger with Jacket Wedges

Cheese & Tomato Pizza with Chips

Head Chef's Value Menu

Head Chef's Value Menu

Head Chef's Value Menu

Head Chef's Value Menu

Head Chef's Value Menu

Seasonal Vegetables

Seasonal Vegetables

Seasonal Vegetables

Seasonal Vegetables

Peas or Baked Beans

Freshly prepared House Salad

Freshly prepared House Salad

Freshly prepared House Salad

Freshly prepared House Salad

Freshly prepared House Salad

Banana & Date Cake with Custard Sauce

Blueberry & Apple Ginger Crumble with Custard

Apple & Peach Strudel with Custard

Apple & Blackberry Cake with Custard

Cocoa, Vanilla, Carrot & Raspberry Brownie

Assorted Cold Desserts

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Available daily

Various Sandwiches, Baguettes, Paninis, Fresh Selection of Salads, Homemade Bread, School Compliant Drinks & Healthy Snacks