

WEEKLY

MENU

Oaks Park High School - Mid Morning Break



Monday

Tuesday

Wednesday

Thursday

Friday

Chicken Curry with Vegetable Rice

Thai Green Quorn & Vegetable Curry with Steamed Rice

Spicy Italian Pork in Tomato Sauce

Caribbean Curried Lamb with Rice & Peas

Chinese Chicken with Noodles in a pot

Fully loaded Jacket Potato Wedges coated with Cajun Spice and Herbs

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Frankfurter in a Bun with Caramelised Onions

Fully loaded Jacket Potato Wedges coated with Cajun Spice and Herbs

Cheese & Onion Pasty

Warmed Cinnamon Pretzel

Warmed Cinnamon Pretzel

Fully Loaded Jacket Potato Wedges with Cajun Seasoning

Warmed Cinnamon Pretzel

Fully Loaded Jacket Potato Wedges

Baked Hash Browns

Baked Hash Browns

Baked Hash Browns

Southern Baked Chicken Sandwich

Warmed Cinnamon Pretzel

Margherita Pizza

Margherita Pizza

Warmed Cinnamon Pretzel

Baked Hash Browns

Baked Hash Browns

Bacon Roll

Peri Peri Hot Chicken Bap with Mayo

Baked Hash Browns

Warmed Cinnamon Pretzel

Margarita Cheese & Tomato Pizza

Various Paninis

Various Paninis

Various Paninis

Various Paninis

Various Paninis

Available daily

Fresh Fruit & freshly prepared Fruits, Fruit Juice, Bottled Water & Skinny Popcorn