

WEEKLY

MENU

Oaks Park High School - Mid Morning Break



Monday

Tuesday

Wednesday

Thursday

Friday

Marinated Chicken Wings in a Smoked BBQ Sauce

Jollof Rice in a Pot

Frankfurter in a Bun with Caramelised Onions

Spicy Lamb & Tomato Pasta Pot

Chinese Chicken Curry with Rice in a Pot

Fully loaded Jacket Potato Wedges coated with Cajun Spice and Herbs

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Warmed Cinnamon Pretzel

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Baked Hash Browns

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Margherita Pizza

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Bacon Roll

Peri Peri Hot Chicken Bap with Mayo

Vegetable Singapore Noodles in a Pot

Spanish Omelette in a Muffin

Various Paninis

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Available daily

Fresh Fruit & freshly prepared Fruits, Fruit Juice, Bottled Water & Skinny Popcorn