

WEEKLY
MENU

Oaks Park High School - Early Bird Breakfast Break



Monday

Tuesday

Wednesday

Thursday

Friday

Homemade Porridge with Healthy Toppings

Homemade Porridge with Healthy Toppings

Homemade Porridge with Healthy Toppings

Homemade Porridge with Healthy Toppings

Homemade Porridge with Healthy Toppings

Bacon Rasher

Breakfast Omelette

Baked Sausage

Bacon Rasher

Breakfast Omelette

Baked Beans

Baked Beans

Baked Beans

Baked Beans

Baked Beans

Scrambled Egg

Scrambled Egg

Scrambled Egg

Scrambled Egg

Scrambled Egg

Toast

Toast

Toast

Toast

Toast

Hash Browns

Hash Browns

Hash Browns

Hash Browns

Hash Browns

Various Filled Muffins / Bagels

Various Filled Muffins / Bagels

Various Filled Muffins / Bagels

Various Filled Muffins / Bagels

Various Filled Muffins / Bagels

Available daily

Fresh Fruit & Freshly Prepared Fruit Pots, Homemade Yoghurts, Bottled Water Still or Sparkling & Fruit Juice